

CSP Hours

Monday to Friday
8:30 am—3pm

Caring Supporting Participating Mental Health and Addictions (Peer Support)

41 Elgin St, Unit #201
Collingwood, On, L9y-3L6

CSP (705) 444-1844
CSP (705) 446-3535
Fax (705) 444-4782

Website

Mentalhealthandaddictions.com
Facebook Page:
<https://www.facebook.com/CSP-Mental-Health-Addictions-Peer-Support-1657113271187009/>

Email:

Shawna: csp-shawna@outlook.com
Dawn: csp-dawn@outlook.com
Julian: csp-julian@outlook.com

Board of Directors

Chair: Kathy Dudley
Vice Chair: Sylvie Simoneau
Treasurer: Mow Greene
Secretary: Sue Buxton
Director: Scott Thomson
Director: Brad Doucette

Community Dinners

-Salvation Army
-Thursday June 7th@ 5:30pm
-All Saints Anglican Church
Wednesday 13th@ 5:30pm
First Monday adults 23 and under
Every Thursday@ 10 am
-Trinity United Church
Wednesday June 20th@ 5:30pm
-Erie Street Community Church
Every Tuesday @ 12pm

June 2018

Mon	Tue	Wed	Thu	Fri
				¹ Arts and Crafts @ 10:00 am Check in group @ 1:00 pm
⁴ Social Morning Eat Right with Enright @ 1:00 pm	⁵ Crocheting with Leena @ 10:00 am Mental Health Group @ 1:00pm	⁶ Social Morning Concurrent Disorder group @ 1:00 pm	⁷ Walking group @ 10:00 am (closed group) @ 1:00 pm	⁸ Arts and Crafts @ 10:00 am Check in group @ 1:00 pm
¹¹ Social Morning Eat Right with Enright @ 1:00 pm	¹² Crocheting with Leena @ 10:00 am (Guest Speaker) Breaking Down Barriers	¹³ Social Morning Concurrent Disorder group @ 1:00 pm	¹⁴ Walking group @ 10:00 am (closed group) @ 1:00 pm	¹⁵ Arts and Crafts @ 10:00 am Check in group @ 1:00 pm
¹⁸ Social Morning Eat Right with Enright @ 1:00 pm	¹⁹ Crocheting with Leena @ 10:00 am Mental Health Group @ 1:00pm	²⁰ Social Morning Concurrent Disorder group @ 1:00 pm	²¹ Walking group @ 10:00 am (closed group) @ 1:00 pm	²² Arts and Crafts @ 10:00 am Check in group @ 1:00 pm
²⁵ Social Morning Eat Right with Enright @ 1:00 pm	²⁶ Crocheting with Leena @ 10:00 am Mental Health Group @ 1:00pm	²⁷ Social Morning Concurrent Disorder group @ 1:00 pm	²⁸ Walking group @ 10:00 am (closed group) @ 1:00 pm	²⁹ Arts and Crafts @ 10:00 am (Membership Day) Check in group @ 1:00 pm