

### CSP Hours

Monday to Friday  
8:30 am—4pm

### Caring Supporting Participating Mental Health and Addictions (Peer Support)

41 Elgin St, Unit #201  
Collingwood, On, L9y-3L6

CSP (705) 444-1844  
CSP (705) 446-3535  
Fax (705) 444-4782

### Website

Mentalhealthandaddictions.com  
Facebook Page:  
<https://www.facebook.com/CSP-Mental-Health-Addictions-Peer-Support-1657113271187009/>

### Email:

Shawna: csp-shawna@outlook.com  
Dawn: csp-dawn@outlook.com  
Julian: csp-julian@outlook.com

### Board of Directors

Chair: Kathy Dudley  
Vice Chair: Sylvie Simoneau  
Treasurer: Mow Greene  
Secretary: Kristi Donald  
Director: Scott Thomson  
Director: Brad Doucette  
Director: Sue Buxton

### Community Dinners

-Salvation Army  
-Thursday April 5th @ 5:30pm  
-All Saints Anglican Church  
Wednesday April 11th @ 5:30pm  
First Monday adults 23 and under  
Every Thursday @ 10 am  
-Trinity United Church  
Wednesday April 18th @ 5:30pm  
-Erie Street Community Church  
Every Tuesday @ 12pm

# April 2018

Caring Supporting Participating

S	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Center is closed	3 Social Morning  Mental Health Group @ 1pm	4 Social Morning  Concurrent Disorder group @ 1pm	5 Walking group @ 11 am  (Closed group) @ 1pm	6 Arts with Steven Ross @ 10:00 am Check in group @ 1pm	7  **Closed**
8	9 Social Morning  Eat Right With Enright @ 1pm	10 Social Morning  Guest Speaker Tanya McNeil @ 1pm	11 Social Morning  Concurrent Disorder group @ 1pm	12 Walking group @ 11 am  (Closed group) @ 1pm	13 Arts with Steven @ 10:00 am Check in group @ 1pm	14 Georgian Bowl 12:00 pm **please call to sign up**
15	16 Social Morning  Discussion group open topic @ 1pm	17 Social Morning  Mental Health Group @ 1pm	18 Social Morning  Concurrent Disorder group @ 1pm	19 Walking group @ 11 am  (Closed group) @ 1pm	20 Arts with Steven @ 10:00 am Pot Luck @ 11:30 am Check in group @ 1 pm	21  **Closed**
22	23 Social Morning  Discussion group open topic @ 1pm	24 Social Morning  Mental Health Group @ 1pm	25 Social Morning  Concurrent Disorder group @ 1pm	26 Walking group @ 11 am  (Closed group) @ 1pm	27 Arts with Steven @ 10:00 am  Check in group @ 1pm membership day	28  **Closed**
29	30 Social Morning  Eat Right With Enright @ 1pm					