

GROUP NORMS

PLEASE BE ON TIME FOR GROUP

CONFIDENTIALITY

PLEASE DO NOT MONOPOLIZE THE GROUPS, NO SIDE CONVERSATIONS (ONE SPEAKER AT A TIME).

MUST BE CLEAN AND SOBER

CELLPHONES OFF DURING GROUP

PLEASE REMAIN IN GROUP-NO SMOKE BREAKS UNTIL AFTER GROUP. IF YOU NEED TO GET UP AND WALK AROUND DUE TO PAIN, PLEASE DO SO. IF YOU NEED TO USE THE WASHROOM, PLEASE DO SO.

NO POLITICS OR RELIGION

RESPECT OTHERS OPINIONS AND PERCEPTIONS

STAFF WILL HELP NEW PARTICIPANTS FIGURE OUT WHAT GROUPS BEST FIT THEIR NEEDS

"I" STATEMENTS ARE ENCOURAGED

ANYONE UNDER THE INFLUENCE OR UNSTABLE (911 WILL BE CALLED)

PARTICIPANTS ARE CAUTIONED ABOUT GIVING OUT PHONE NUMBERS

NO SLEEPING IN GROUP OR LAYING DOWN (YOU WILL BE ASKED TO LEAVE)

PLEASE KEEP YOUR FEET OFF THE TABLES

PLEASE BE SURE TO SIGN IN FOR THE DAY

PLEASE BE SURE TO PAY FOR YOUR DRINKS.

EMERGENCY PLAN POSTED

NOT EATING GROUP